

Saginaw County Community Resources - 2018

<p><u>Drug & Alcohol Abuse</u> Alcoholics Anonymous (24hr) 989-776-1241 Alcohol Treatment Center 800-260-4014 Drug & Alcohol Helpline 800-662-HELP Professional Psychological Services 989-755-8225 Restoration Community Outreach 989-753-1886 Sacred Heart Rehab Center 989-776-6000 Teen Challenge 989-249-8818</p>		<p><u>Health & Medical Services</u> Aleda E. Lutz Care Center (Saginaw VA) 989-497-2500 CMU Healthcare 989-583-6800 Covenant Healthcare System 989-583-7000 Covenant Visiting Nurse & Hospice 989-799-6020 Emerson House (Lodging) 989-907-8986 Great Lakes Bay Health Centers 989-759-6470 Healthsource Saginaw 989-790-7700 McNally House (Lodging) 989-583-0155 Planned Parenthood 989-249-7736 United Way/211 888-636-4211 Saginaw Health Plan 989-341-3900 St. Mary's of Michigan 989-907-8000</p>		<p><u>Clothing/Household Items</u> Action Thrift Store 989-755-3333 Underground Railroad 989-755-0413 Timeless Treasures Gift Shop 989-401-7313 Bethesda Thrift Shop 989-792-0391 Old town Christian Outreach 989-249-8696</p> <p><u>Law</u> Lakeshore Legal Aid 888-783-8190 Legal Services of Eastern Michigan 800-322-4512 United Way-Tax assistance 989-755-0505</p>	
<p><u>Abuse, Neglect & Violence</u> National Child Abuse Hotline 800-4-A-Child National Human Trafficking Hotline 888-373-7888 Abuse/ Neglect 24hr 855-444-3911 National Sexual Assault Hotline 800-656-4673 Sexual Assault (Child & Family Services) 989-790-9118 Child Abuse and Neglect (CAN) Council 989-752-7226</p>		<p><u>Sexually Transmitted Diseases</u> STI Hotline 800-227-8922 HIV Clinic (Saginaw Co Health Dept.) 989-758-3880 Sacred Heart Rehab Center 989-776-6000</p>		<p><u>Runaway/Missing Children</u> National Runaway Switchboard 800-786-2929 National Missing / Exploited Children 800-THE-LOST Child Find of America 800-I-AM-LOST Innerlink Runaway/Transitional Living 989-753-3431</p>	
<p><u>Seniors</u> Commission on Aging 989-797-6880 Alzheimer's Association 989-839-9910 Saginaw County Council on Aging 989-797-6880</p>		<p><u>Counseling & Crisis Intervention</u> Abortion Alternatives/Pregnancy Aid 989-907-7232 Catholic Family Services 989-797-6638 Saginaw Odyssey House 989-754-8598 Teen Challenge 989-249-8818 MDHHS (SIDS) 800-331-7437 Underground Railroad 989-755-0413 Psychological Services 989-790-3130 Professional Psychological Services 989-755-8225 Pregnancy Care Center 989-752-7664 Restoration Community Outreach 989-753-1886 Saginaw County Mental Health 989-797-3400 Saginaw Psychological Services 989-799-2100 Westlund Child Guidance Clinic 989-793-4790</p>		<p><u>Meals/ Food Pantry</u> Good Neighbors Mission 989-399-9918 St. John Lutheran Church 989-754-0489 Bridgeport Area Food Pantry 989-777-1840 Christ Deliverance Church 989-777-0041 City Rescue Mission 989-752-6051 East Side Soup Kitchen 989-755-3663 West Michigan Methodist Church 989-792-4689</p>	
<p><u>Suicide</u> National Suicide Prevention Hotline 800-273-8255</p>		<p><u>Dental Services</u> Delta College 989-686-9469 Great Lakes Bay Health Centers 989-754-7771 Saginaw Co Department of Public Health 989-758-3750</p>		<p><u>Education and Employment</u> Adult ED/GED & Young Adult ED 989-791-5170 Michigan Works! 989-752-3145</p>	
<p><u>Housing/Shelters</u> American Red Cross 989-754-8181 City Rescue Mission of Saginaw 989-752-6051 Department of Human Services 989-758-1100 Emerson House (Hospitality House) 989-907-8986 Emmaus House (Women) 989-755-7538 Habitat for Humanity 989-753-5200 Mustard Seed House (Women & Children) 989-755-4741 Safe Haven 989-921-7233 Saginaw Housing Commission 989-755-8183 Saginaw Landlords Association 989-249-0977 United Way-Project home 989-758-4357 Restoration Community Outreach (men) 989-753-1886 Underground Railroad 989-755-0413</p>		<p><u>Financial Aid/Utilities</u> Consumers Energy 800-477-5050 Department of Human Services 855-275-6424 Saginaw Co Community Action Committee 989-753-7741 Salvation Army 989-401-7881</p>		<p><u>Tobacco</u> Michigan Tobacco Quit Line 800-784-8669</p> <p><u>Transportation</u> United Way/211 888-636-4211 Saginaw Transit (STARS) 989-907-4000 McLaren Health Plan 888-327-0671 Meridian Health Plan 800-821-9369 Molina Healthcare of Michigan 888-898-7969 United Healthcare 877-892-3995</p>	
<p><u>Family Resources</u> National Parent Helpline 855-427-2136 Disability Network 989-835-4041 First Ward Community Center 989-753-0411 Poison control 800-222-1222 WIC 989-758-3733</p>				<p><u>Veterans</u> Aleda E. Lutz Care Center 989-497-2500 Veterans Administration 800-827-1000</p>	